



# Menu

Messiah Christian School Lunch Menu Messiah Christian School is proud to serve all children participating in our full day kindergarten and Pre-kindergarten programs a healthy lunch each day. Our menu selections meet ODJFS guidelines. For exceptions, allergies and or substitutions, please refer to our Family Handbook. 1% vitamin A&D fortified white milk is served daily to all children unless OFJFS form 1217 is on file in the office. Water is always available upon request. Our menu is subject to change; in this instance families will be advised in advance by email. Please direct any questions or concerns regarding our lunch menu to Mrs. Sanders.

## **Monday**

Whole Grain Chicken Nuggets with Cucumbers and Apples

## **Tuesday**

Turkey and Cheese Wrap with Veggie Straws and Oranges

## **Wednesday**

Bagel and Cheese Slice with Carrots and Cran-Raisins

## **Thursday**

100% Beef Hot Dog with Sun Chips and Apples

## **Friday**

Macaroni and Cheese with Carrots and Pears