

Snacks



Messiah Christian School believes that serving healthy snacks to children provides them with the nutrition they need during their school day and lays a foundation for healthy eating habits. The following snacks will be served daily, along with water, to all our children and meet licensing and USDA requirements. Please direct any questions or concerns regarding our snack menu to Mrs. Sanders.

Monday AM Monday PM	Tuesday AM Tuesday PM	Wednesday AM Wednesday PM	Thursday AM Thursday PM	Friday AM Friday PM
Pretzels & Cheese <hr/> Applesauce & Graham Crackers	Yogurt & Granola <hr/> Granola Bar	Goldfish <hr/> Animal Crackers	Saltines & Cheese <hr/> Veggie Straws	100% fruit snacks <hr/> Dried Fruit

*** Parents are responsible for providing a healthy lunch for fulltime students.